


Combined pill	
	<p>Small pills that you take one a day which contain the hormones progesterone and oestrogen</p>
	<p>It is over 99% effective at preventing pregnancy</p>
 <p>One week no pills then</p>	<p>You take one pill a day for 3 weeks until the pack is finished.</p> <p>You can then continue to take or have 4-7 days of no pills, during this time you will have a bleed</p> <p>You then start a new pack, taking one pill a day for until the pack is finished.</p>
	<p style="text-align: center;"><u>Side effects</u></p> <p>Some women report headaches, mood changes and breast tenderness.</p>
	<p style="text-align: center;"><u>Other Comments</u></p> <p>You need to remember to take it every day and remember to restart after your pill free 4-7 days</p> <p>Use a condom along with the pill when having sex.</p> <p>You will need to see your doctor or nurse every 3-6 months for more pills</p>