

The Intrauterine Device (IUD)



This is often called the COIL

The IUD is a small copper and plastic device which is put into your womb



It is over 99% effective



It can stay in place for 5 to 10 years depending on the type



Side effects

Your periods may be heavier or longer. This may improve after a few months



Your periods may be more painful



Other Comments

It requires a small procedure to put in and take out the IUD.

Not affected by other medicines.

