

Prescribing Aldara™ Cream - a practical guide

How to use Aldara cream - at a glance



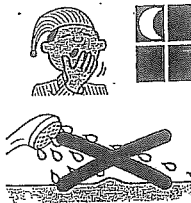
Before going to bed, wash and dry hands and the area where the wart is.



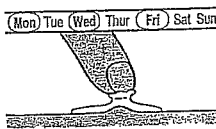
Remember to wash hands with soap and water carefully afterwards.



Open a new sachet each time, squeeze Aldara cream onto finger tip.



Aldara cream should be left on for 6 to 10 hours. During this time avoid showering, bathing or sexual contact.



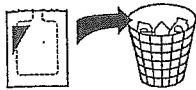
Apply a thin layer of Aldara cream 3 times per week.



After 6 to 10 hours, the cream should be washed off with mild soap and water.



Apply Aldara cream onto the clean, dry wart area and rub gently until the cream vanishes.



Throw away the sachet after each application.

What patients need to know - a checklist

- Aldara cream is different to other wart treatments
- Aldara cream helps the body's own immune system fight the virus which in turn helps clear the warts
- Warts may shrink as soon as 2 weeks or may take up to 16 weeks to work (N.B. in a small number of cases Aldara cream may not clear the warts)
- Do not use more often than 3 times a week as it won't have any greater effect and do not use for longer than 16 weeks
- Reddening, wearing away of skin, flakiness and swelling at the wart site is normal in some patients
- If this reaction becomes too uncomfortable, wash the cream off with mild soap and water. Apply the cream again when the problem has stopped
- Stop treatment if severe itching or burning sensation occurs and consult your doctor
- If an allergy to imiquimod or any of the inactive ingredients is known, do not use (see overleaf)
- Do not use on skin with open sores or wounds until after they have healed
- If sexually active, apply the cream after, not before, sex
- If an application is missed, apply as soon as possible and resume normal routine
- ♂ Men - If using under the foreskin; pull the foreskin back and wash underneath it, both before application and 6-10 hours later, or the foreskin may tighten
- ♀ Women - Do not use Aldara cream if pregnant or breastfeeding
- Remind patient to read the in-pack leaflet



Aldara™
(IMIQUIMOD) CREAM 5%

The first topical immune response modifier